

Lesson 4 Silent Crossing

Materials needed:

Blindfolds for half the class

Instructions:

Form two teams, one group will be the “Red Sea” and the other group will be the “Egyptians.” Tell the children, the goal of this game is for the Egyptians to get from one side of the Red Sea to the other without being washed away. The Egyptians must sneak through the Red Sea without being touched. Those playing the Red Sea must choose a place to stand and plant their feet. The catch is that even though the Red Sea can wash away, it has no eyes to see. Everyone in the Red Sea group will be blindfolded.

Let the Red Sea group scatter themselves across the room and put on their blindfolds. Remind them that they must keep their feet planted as they try to catch the Egyptians.

Let the Egyptians try to sneak, rush, or wind their way through the Red Sea. If they are touched, they must go back and try again. After a few minutes, have a changing of the tide...in other words, have the kids switch groups. Let the Red Sea become the Egyptians and the Egyptians become the Red Sea and repeat the game.