

## Lesson 3: Exodus Relay

### Materials

Bibles, two bathrobes with ties, two pairs of adult size sandals, two walking sticks or canes, two paper plates, crackers (matzos or saltines).

### Preparation

On one side of the playing area make two piles, placing one bathrobe, a pair of sandals and a walking stick or cane in each pile. On the other side of the playing area, put a paper plate across from each pile and place half the crackers on each paper plate.



### Lead the Game

1. Whenever we need help, we can depend on God's power! That's what the Israelites did when they got ready to leave Egypt where they had been slaves for many years. Let's play a relay game to remember what the Israelites did!
2. Guess where we're going to find the directions for today's game—in the Bible! Let's listen to the command God gave the Israelites when they were getting ready to leave Egypt. Read, or have a volunteer read, Exodus 12:11. For our relay, we're going to put on this cloak (bathrobe), put on the sandals and carry the staff across the room to get a cracker from the plate. Then we eat the cracker and return to our team for the next player to have a turn. (Optional: volunteer demonstrates how to wear the clothing as you explain.)
3. Have students form two teams. Each team lines up by one pile of clothing. At your signal, students begin relay. Continue until all students have had a turn.

### Option

If you have more than 16 students, form additional teams and bring additional game supplies.

### Discussion Questions

1. When are some times kids your age need to trust God's power?
2. When are some times God's power has helped you? Tell your own answer before volunteers respond.
3. What can we do to receive God's help? (Pray to God and ask for His help. Read what God tells us to do in the Bible.)